



**TOWN OF LOS GATOS
COUNCIL AGENDA REPORT**

MEETING DATE: 11/18/2025

ITEM NO: ii

DATE: November 18, 2025
TO: Mayor and Town Council
FROM: Chris Constantin, Town Manager
SUBJECT: **Receive a Presentation on the Community Health and Senior Services
Commission Year-End Report**

REMARKS:

Attachment 1 contains public comment received before 11 a.m. on Tuesday, November 18, 2025.

Attachments:

1. Public comment

From: [Eleanor Yick](#)
To: [Katy Nomura](#); [Jennifer Fosco](#); [Clerk](#)
Subject: CHSSC report/documents for Nov. 18th TC mtg.
Date: Monday, November 17, 2025 12:48:39 PM
Attachments: [CHSSC End of Year Report F 2025.pdf](#)
[CHSSC 2025 End of Year Report ppt .pptx](#)

[EXTERNAL SENDER]

Hello All -

Attached are 2 documents for inclusion in the TC meeting agenda on Nov. 18, 2025.

- CHSSC End of Year Report F 2025 (pdf)
- CHSSC End of Year Report ppt

Katy and Jennifer: Two (2) other documents need to be attached to the End of Year Report.

I do not have original copies of these files:

- a. Leif Erickson's Update on Goal Areas 1-7
- b. LGSRecreation 55+ Program Update ppt

Please let me know if you have any questions or needs re: these reports.

Thank you,
Eleanor

COMMUNITY HEALTH AND SENIOR SERVICES COMMISSION (CHSSC)

End of Year Report 2025

Goals for Senior Services in Los Gatos



Making Los Gatos an age-friendly community where older adults are engaged, valued and provided equitable opportunities to thrive

CHSSC End of Year 2025 Report

- **End of Year Report** **Pages 1-13**
 - 2025 Accomplishments/Highlights
 - CHSSC Observations
 - CHSSC Requests/Recommendations
- **Goals 1-7 Addendums** **Pages 5-12**
- **Attachment: Reports** **Pages 13- 55**
 - Senior Services Coordinator Report
 - LGSREcreation 55+ Program

CHSSC End of Year 2025 Report

Accomplishments/Highlights

- Continued support and work with the Los Gatos Thrives Foundation:
 - Monthly Monday Morning Movie Project
 - Community Center project. Jeff Blum serves on the Finance Committee and Eleanor Yick is Chair of the Communication Team.
 - Continued publication of Jeff Blum's articles in The Gatan re: the Foundation and the Community Center Project.
- Hiring of a part time Senior Services Coordinator was successful in better identification of current senior services and noted gaps. (See attached report!)
- Continued growth of the LGSRec 55+ programs and membership numbers speaks volumes to the quality and appropriateness of program offerings and services. (See attached report!)
- West Valley Community Services "Park It Market" is now available outside the Los Gatos library two (2) times a month.
- Continued support through attendance at all West Valley Service Provider's Network Meetings by Commissioners Blum, Konrad, Sterne, and Rossman.

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CHSSC End of Year 2025 Report

Accomplishments/Highlights Cont'd

- In lieu of a CHSSC designed survey of service providers, CHSCC provided input and support for the Los Gatos Town Staff developed Survey of Service Providers
- A new collaboration was initiated between Commissioner Sterne and the Los Gatos Thrives Foundation to launch a Volunteer Connections newsletter intended to be a clearing house for volunteer opportunities that serve the community. Start date: 2026
- Successful editing and updating of the Los Gatos Housing Resource Guide completed.
- Successful collaboration between the Complete Streets and Transportation Commission and CHSSC: formation of an AD Hoc Committee with CHSSC Commissioners Greg Gentile and Dick Konrad and 2 commissioners from CSTC to address specific Senior Roadmap goals.
- Continued success of the Taste and Ride program.
- Successful support of the proposed Los Gatos' Diversity, Equity, Inclusion Commission's Constitution Writing Project

CHSSC End of Year 2025 Report

CHSSC Observations:

- 1. The hiring of a part time Senior Services Coordinator proved to be successful as evidenced by the attached report. Unfortunately, the initial hire left earlier than expected and a new part time coordinator has been hired but only through Dec. 31, 2025. In order to take the implementation of the Senior Services Roadmap to the next level, a designated employee is needed to coordinate these services.**
- 2. With the newly implemented Town policy regarding how the work of the various Town Commissions can operate, more clarification and assistance is needed when Commissions are developing their Annual Work Plans so commissions can continue to focus on meaningful projects that are worthwhile for the commissioners, the Town, and the community.**
- 3. With the newly updated Town policy to add one (1) commissioner to the CHSSC commission for a total of 7 members, the potential negative impact on how a quorum is determined if all positions have not been filled is concerning. The current interpretation is that a quorum is based on the number of seats, not on the number of official appointments that have been made. This can be problematic commissions meeting quorum requirements.**

CHSSC End of Year 2025 Report

CHSSC Requests:

1. **CHSSC requests the Town Council to affirm if they wish the CHSSC to provide continued oversight on the implementation of Senior Services Roadmap goals. If affirmed, CHSCC needs access to data from the local Service Providers on their budget, staffing, participants, and other program criteria needed to measure and assess effectiveness and identify service gaps.**
2. **In response to many community public comments and requests regarding the use of free or non-profit rental rate space for community discussion groups via the LGSRecreation 55+ Program and/or use of the building space, which the CHSSC recommends and supports, the CHSSC requests that the Town Council/Town Staff, and LGSRecreation 55+ program work to clarify and, hopefully, resolve this contractual and on-going community issue.**

COMMUNITY HEALTH & SENIOR SERVICES COMMISSION (CHSSC)

End of Year Report December 2025

CHSSC Commissioners

Eleanor Yick, Chair

Martha Sterne, Vice Chair

Jeff Blum

Greg Gentile

Dick Konrad

George Rossman

Executive Summary: Highlights, Observations, Requests

The CHSSC has been providing oversight on the implementation of the 7 Goal Areas identified in the Senior Services Roadmap for the past 2 years. Reports from the Senior Services Coordinator and LGSRecreation 55+ Program reports are also included.

*Executive Summary: Highlights , Observations, Requests

*Goals 1-7 Addendums

*Goal 1. Appealing and Inviting Facility

*Goal 2. Core Senior Services

*Goal 3. Communication and Engagement

*Goal 4. Volunteer Support and Engagement

*Goal 5. Transportation Options for Older Adults

*Goal 6. Senior Housing- Information on Approaches & Options

*Goal 7. Integrated Governance, Funding, and Accountability for Senior Services

*Senior Services Coordinator Report

*LGSrec55+ Program Report

The CHSSC is proud of all that has been accomplished thus far and looks forward to supporting the continued implementation and oversight of the Senior Services Roadmap's goals. Each commissioner has chaired at least one goal area ad hoc committee, served as an individual committee member on another goal area, and/or served as a liaison to another LG Commission.

This 2025 End of the Year Report has been prepared as an addendum to the Mid-Year Report submitted in July 2025. Please note the addendum bullet points that have been inserted under each goal area.

Accomplishment Highlights include:

- Continued support and work with the Los Gatos Thrives Foundation:
 - Monthly Monday Morning Movie Project
 - Community Center project: Jeff Blum serves on the Finance Committee and Eleanor Yick is Chair of the Communication Team.
 - Continued publication of Jeff Blum's articles in The Gatan re: the Foundation and the Community Center Project.
 - Many community meetings hosted to promote awareness of the project.
- Hiring of a part time Senior Services Coordinator was successful in better identification of current senior services and noted gaps. (See attached report!)
- Continued growth of the LGSRec 55+ programs and membership numbers speaks volumes

to the quality and appropriateness of program offerings and services. (See attached report!)

- West Valley Community Services “**Park It Market**” is now available outside the Los Gatos library two 2) times a month.
- Continued support through attendance at West Valley Service Provider’s Network Meetings by Commissioners Blum, Konrad, Sterne, and Rossman.
- In lieu of a CHSSC designed survey of service providers, CHSCC provided input and support for the Los Gatos Town Staff developed Survey of Service Providers
- A new collaboration was initiated between Commissioner Sterne and the Los Gatos Thrives Foundation to launch a Volunteer Connections newsletter intended to be a clearing house for volunteer opportunities that serve the community. Start date: 2026
- Successful editing, updating, and submission of the Los Gatos Housing Resource Guide.
- Successful collaboration between the Complete Streets and Transportation Commission and CHSSC: formation of an AD Hoc Committee with CHSSC Commissioners Greg Gentile and Dick Konrad and 2 commissioners from CSTC to address specific Senior Roadmap goals.
- Continued success of the Taste and Ride program.
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1. The hiring of a part time Senior Services Coordinator proved to be successful as evidenced by the attached report. Unfortunately, the initial hire left earlier than expected and a new part time coordinator has been hired but only through Dec. 31, 2025. In order to take the implementation of the Senior Services Roadmap to the next level, a designated employee is needed to coordinate these services.
2. With the newly implemented Town policy regarding how the work of the various Town Commissions can operate, more clarification and assistance is needed when Commissions are developing their Annual Work Plans so commissions can continue to focus on meaningful projects that are worthwhile for the commissioners, the Town, and the community.
3. With the newly updated Town policy to add one (1) commissioner to the CHSSC commission for a total of 7 members, the potential negative impact on how a quorum is determined if all positions have not been filled needs is concerning. The current interpretation is that a quorum is based on the number of seats, not on the number of official appointments made. This can be problematic for the commissions’ work.

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program criteria needed to measure and assess effectiveness and identify service gaps.

2. In response to many community comments and requests regarding the use of space for community discussion groups via the LGSRecreation 55+ Program and/or use of the building space, which the CHSSC recommends and supports, the CHSSC requests that the Town Council, Town Staff, and LGSRecreation 55+ program staff work to clarify and, hopefully, resolve this contractual issue and on-going community issue.

END OF YEAR REPORT WITH ADDENDUM BULLET POINTS ADDED

Goal 1: Appealing and Inviting Facility

An intergenerational offering of space for meetings, clubs, community events, recreational, cultural, educational, learning, health education and informational services.

Submitted by Commissioner Jeff Blum

•Los Gatos Thrives has established a number of committees to facilitate the implementation of their mission which is to: *sponsor and support programs and facilities that promote a sense of community and belonging.* Commissioner Blum served on the original Building Committee and is currently on the Fund-raising Committee and Community Center Project's Communication Committee. Commissioner Yick attends the Los Gatos Thrives Foundation Board meetings as a liaison and is also currently serving as the chair of the Community Center Project's Communication Team

•The fund-raising committee is considering a variety of options for funding the construction of a new facility, including a bond, grants, donor contributions, and endowments, etc. Other towns and cities, such as Burlingame, which recently completed the construction of a new community center, have been contacted to learn about how they approached their project. The Committee is also considering hiring a capital campaign consultant and developing annual targets.

•As a member of the Community Center Communication Team, Commissioner Blum recently wrote and had published an article discussing the history of the community center construction concept and promoting the project currently.

•Another Los Gatos Thrives committee is investigating potential sites for a new community center.

•Los Gatos Thrives continues to offer its monthly Monday Morning Movie at the Los Gatos Theater, during which patrons can see a first run movie and receive a pastry and coffee, for \$10. The idea of this program is to promote the community center project and bring older adults together for socialization. Turnout has been robust, averaging close to 100 per showing. The last movie was Mission Impossible- The Final Reckoning, shown on June 2 and had 170 people in attendance.

•On June 1st, Los Gatos Thrives held an unveiling of two conceptual renderings of the proposed community center. This event was held at The Terraces of Los Gatos from 5:00pm to 7:00pm. A sold out attendance of 90 was recorded!

ADDENDUM NOVEMBER 2025:

Submitted by Commissioner Eleanor Yick

•Commissioner Jeff Blum (Finance Committee) and Commissioner Eleanor Yick (Communication Team Chair) continue to be directly involved in the Los Gatos Thrives Foundations' Monthly Movie Event and the Community Center Project.

•Commissioner Blum continues to write and publish articles in the The Gatan about the LGTF and the Community Center project.

- One of the major goals of the Community Center Project in 2025 was continued development of community awareness of the project. Many community/group presentations were successfully scheduled during 2025 and will continue throughout 2026.
- A High School Teen Club was organized and a high school parent input meeting was held.
- An information booth was set up at Jazz on the Plazz on 2 different evenings.
- The Community Center Project will be participating in the upcoming 2025 Los Gatos Holiday Parade! Watch for our decorated truck!!

Goal 2: Core Senior Services

Submitted by Commissioner Dick Konrad

- There is continued outreach to the selected Top Ten Service Providers. The following are some notable updates:
 - Live Oak Nutrition has obtained a refrigerated truck to collect perishables from local stores to distribute to needy Seniors.
 - West Valley Community Services has provided over \$1 Million in emergency assistance, and has donated over 1.1 million meals. They also have a mobile food pantry that serves Los Gatos.
 - Jewish Family Services provides care management, basic assistance, and transportation to over 250 families in Santa Clara County. They have over 200 volunteers.
 - In February of 2023, Commissioners prepared an extensive Behavioral Health Report with suggestions for improved Mental Health Service.
 - In April ,the suggestions in the 2023 Report were audited. There are some successes like the El Camino Hospital ASPIRE program and the Navigator activity at the Library.
 - Many of the suggestions have been addressed. Commissioners are in the process of reconnecting with those surveyed in 2023. A proposal letter has been drafted requesting how we can improve in areas in which we fell short. This update will provide information for a renewed effort to improve Mental Health Services in our Community.
 - The Goal 2 Task Force continues to follow the use of outdoor spaces in our Community: community garden proposal and cluster seating availability.
 - The Goal 2 Task Force has also worked on Community Health, in particular , Mental Health Services available in our area.

ADDENDUM NOVEMBER 2025:

- West Valley Community Services “Park It Market”** is now available outside the Los Gatos library two (2) times a month. This mobile food program is available every 2nd and 4th Thursday from 10:00am to 11:15am. It provides free access to food for community members experiencing food insecurity.
- The Goal 2 Task Force continues to promote and follow the use of outdoor spaces in our Community: the community garden proposal and cluster seating availability.
- The Town of Los Gatos invited service providers to participate in a survey developed by the Town with input from CHSSC to better understand services available in our community and the goals and needs of those organizations.
- As of early November 2025, 20 surveys had been returned. The data collected by the survey will be collated and publicly available in November 2025.
- The results of the Town survey will guide future actions of the CHSSC.

Goal 3: Communication and Engagement

Submitted by Commissioner Eleanor Yick

The first year activities under this goal area states: provide older adults ways to easily learn information about available services and resources. Increase engagement in social, educational, and healthy living programs. Promote volunteerism . Establish measurable goals. Work has continued on each of those activities.

A. Continued progress noted in Goal 3 Goal Areas:

*** LGSrec 55+ program**

- Membership = >850
- Monthly Print: 3500 Printed Copies of the Newsletter Annual Version (shared digitally with all members monthly via email)
- Telephone calls = >3000 annual calls to the 55+ Office alone (this does not include calls that go directly to front desk, Lisanne, Jackie, or Brooke)

B.LGSRec 55+ Facility :

- Enjoyed usage of updated facilities:
- Welcoming lobby area is staffed by friendly, helpful staff persons.
- Large ground floor room with room divider provides much needed space and flexibility for scheduling ; divider presents some difficulty using
- Two (2) handicap accessible bathrooms
- The electronic cart is not at the facility. 55+ program awaiting further direction from the Town.

C. Continued updating and use of HUB, website and telephone:

- HUB was recently updated and many new links added
- Number of monthly clicks: >450 per month
- 55+ Webpage: 24,000 annual visits

D. Service Providers that 55 Plus manages, schedules appointments for, completes reminder calls, and reserves facilities:

- West Valley College – 3 classes: Stay Fit, Balance Awareness, and Art and Music Appreciation
- AARP
- Tax Aid (1 day/week Feb through April, 4 hours, more intensive staff involvement for scheduling and coordinating packet pickup ahead of appt.)
- Driver Safety Courses (every other month, 4-8 hours)
- SALA (1x/month, 3 hours)
- HICAP (1x/month, 3 hours)
- Rotational Partner Office Space – Organized by the Town but has not yet been put into action.

E. Areas of Focus -Fiscal Year July1, 2024 -June 30, 2025 – last half

- Project C1: Information HUB Development and Deployment

The Goal Area 3 Task Force identified 3 specific areas of focus for the 2025 calendar year:

1. Incorporate video tutorials in to Hub – *in process – initial start to determine interest and needs*
2. Use digital inclusion initiative to teach people how to access information on HUB, use QR codes – *in process – investigating grants, etc.*
3. Use KCAT to advertise and to help develop videos for the HUB

Meeting with Director revealed that advertising for the various programs has been hindered by lack of resources – volunteer needed to help produce newsletter and post social media tags. *Continued focus needed to address this need and work to increase connection between program, the community at large, and KCAT.*

55+

ADDENDUM NOVEMBER 2025:

Submitted by Commissioner Eleanor Yick

•Areas A-E above have all achieved additional success metrics. See attached report from LGSRec 55+ program for a detailed program update. The LGSec 55+ program is to be recognized and commended for the outstanding program it provides.

•LGSRec 55+ Program highlights from January-June 2025 include:

- a. Growth in membership to >1000 as of October 2025;
- b. 3500+ Printed Copies of the Newsletter Annual Version (shared digitally with all members monthly via email)
- c. Distribution of copies of the Print: all members digitally plus hard copies are available in various locations.
- d. Phone calls to 55+ program: 1,964 per 6 months/330 per month.
- e. The HUB continues to be a valued community resource as evidenced by the 3,335 clicks per this 6 month period (over 500 clicks per month). The HUB is an ongoing, living project - continually being updated, edited, etc.
- f. The number of actual program participants in this 6 month period: 10,048
- g. Total number of programs offered = 661. Many new programs and special events continue to be added based on member interest.(i.e. pickleball, Food for Thought, Healing Hearts Grief Support Group, Paint Party, Beading Workshops, etc.)
- h. Extensive calendar of day trips organized monthly.
- i. **Suggestion:** it would be helpful for LGSRec 55+ members to be made more aware of the Senior Pathways program offered thru West Valley College as it addresses the needs identified in the Senior Roadmap for updating skills. Free to members, this program also provides free transportation to and from the campus for those in need of that service.

•Areas of Focus:

•Three specific areas of focus for Goal 3 in 2025: video tutorials, digital inclusion initiatives, and connection with KCAT. Two (2) areas have been addressed to varying degrees; it is an ongoing process.

•KCAT: although a self supporting program, KCAT does receive grant funding from the town of Los Gatos. There needs to be better outreach from KCAT and connections fostered between KCAT and the 55+ program to advertise their program offerings. There is little to no KCAT program advertisement to the 55+ Program or the community at large.

•Community Engagement & Access

Many concerns and public comments have been communicated to the CHSSC regarding the inability of various community discussion groups to host meetings via the LGSRec 55+ program and/or use of the building space for free or reserved at the non profit rental rate with liability insurance information clarified.

The CHSSC supports and recommends that non profit discussion groups have access to the use of 55+ Program space to meet, socialize, and host discussions subject to criteria and conditions applicable to all non profit groups.

Goal 4. Volunteer Support and Engagement

Submitted by Commissioner Martha Sterne

- Based on the goals outlined in the Senior Services Roadmap, CHSSC advocated and , subsequently the Town Council, for the creation of a funded Senior Services Coordinator position. Thanks to the Town Council and Staff, Los Gatos now has a part-time Senior Services Coordinator as of February 2025.
- Continued to seek ways to bridge the gap between service organizations seeking volunteers and older adults looking to volunteer.
- Organized CHSSC participation in the Los Gatos Resource Fair for Older Adults, May 17, with the objective of informing attendees about the role of the CHSSC, the HUB online resource, and where information about many services can be found.

ADDENDUM NOVEMBER 2025:

Submitted by Commissioner Martha Sterne

- A new **Volunteer Exchange** initiative that highlights the importance of volunteerism in our community is in the works. This effort was initiated by Commissioner Sterne working in collaborations Leif Erickson, Senior Services Coordinator, and Tom Picraux, president of the Los Gatos Thrives Foundation.
- The focus in 2025 was to identify a process whereby volunteers could be connected with local service providers. A monthly **Volunteer Connections Los Gatos Newsletter**, which will be a place where non- profits with a mission to serve the public benefit in Los Gatos, will advertise for volunteers. The newsletter will be emailed to individuals who have expressed a desire to volunteer and make a difference via the Los Gatos Thrives Foundation.
- This initiative will be further supported by a **Volunteer Exchange Committee** of which Commissioner Sterne is a member.
- A full explanation and presentation was made at a CHSSC and West Valley Service Providers meeting to advertise the program and gain feedback on feasibility and process.
- Expected launch: 2026.

GOAL 5: Transportation Options for Adults

Submitted by Commissioner Dick Konrad and Commissioner Greg Gentile

- When the Town Council accepted the Senior Services Roadmap Report, they delegated Goal 5 to the Complete Streets and Transportation Commission.
- Co-Liaison Commissioners Dick Konrad and Greg Gentile attend the regularly scheduled meetings of the Complete Streets and Transportation Commission. They regularly speak during the public comment section about the Senior Services Roadmap Goals.
- The monthly VTA Taste and Ride Program to help Seniors learn how to use public transportation has been very successful.

- The Complete Streets and Transportation Commission has agreed to agendaize and discuss a report that highlights the Senior Services Roadmap goals at their June 12, 2025 meeting. An update from that meeting will be presented to the CHSSC.

ADDENDUM NOV. 2025:

Submitted by Commissioner Greg Gentile and Commissioner Dick Konrad

- Commissioner Greg Gentile and Commissioner Dick Konrad continue to attend the Complete Streets and Transportation Commission (CS&TC) meetings.
- The CS&TC has appointed Commissioners Suzuiki and Tabinski to form an Ad Hoc Committee with Commissioners Gentile and Konrad to collaborate on Senior Roadmap Goals. Robert Buxton and Wendy Riggs have joined the Ad Hoc committee given their experience with the Town's senior and student transportation issues.
- The Ad Hoc Committee has met twice and will continue to meet to discuss methods to institute and improve Senior Roadmap goals. The next Ad Hoc meetings is set for December 3, 2025.
- It was noted that the VTA Ride and Taste continues to be successful and may merit expansion, if possible, providing more seniors with knowledge as to how to use public transportation.
- The CHSSC reviewed and discussed two excellent, comprehensive reports prepared by the CS&TC: Beach Traffic Ad Hoc Final Report and the VTA Bus Pass Ad Hoc Committee Final Report as they relate to the Senior Services Roadmap.

GOAL 6 – Senior Housing - Information on Approaches and Options

Submitted by Commissioner Greg Gentile

- It was decided that work on this Goal Area be delayed until the Town's Housing Element was approved by the State. Since that has occurred, the Commission's Task Force on Goal 6 began reviewing and updating the "The Los Gatos Housing and Resource Guide."

- That Guide is presently accessible on the Town's website and the Hub. The 22- page Guide provides a listing of available senior housing and housing- related services available to the senior community and the Community Support Services that serve the Town and Santa Clara County.
- After several meetings, reviews, cross-checking and editing, the final up-dated version is presently being compiled by the Task Force.
- Once it is fully compiled, the updated Guide will be provided to Town Staff for its review, formatting and publication on the Town's website and linked to from the HUB.

ADDENDUM NOV. 2025:

Submitted by Commissioner Greg Gentile and Commissioner Eleanor Yick

- A committee of three (Commissioner Gentile, Commissioner Yick and LGTF President, Tom Picraux) completed and compiled an edited, up-to-date version of the Los Gatos Housing and Resource Guide that had been last fully updated in 2015.
- The newly edited and updated version was presented to town staff in July 2025.
- Town staff is in the process of reviewing, formatting, and preparing to publish this updated version on the Town's website and linking it to the HUB.

GOAL7: Integrated Governance, Funding, and Accountability for Senior Services
Submitted by Commissioner George Rossmann

1.Our first activity was to benchmark other communities for measurement and accountability (M&A) activities and practices that would enrich our local senior service landscape. A questionnaire was prepared and approved by the CHSSC in November 2024. Four communities were identified and interviewed: Los Altos, Mountain View, Campbell, and Palo Alto. The results of those interviews along with our analysis of Los Gatos were submitted to the CHSSC in February.

2.After analyzing this benchmark data, the task force determined that it needed to better understand the value that service providers bring to our community's health and well-being, particularly for our seniors. We researched the metrics used by numerous nonprofits to evaluate their success at reaching targets, and we assembled a list of the key metrics that we proposed to track in Los Gatos. Our goal is to use these metrics to collectively identify with our service providers opportunities for growth and enhancement.

ADDENDUM NOV. 2025:

Submitted by Commissioner Dick Konrad and Commissioner George Rossman

As mentioned in the Mid Year Report and Addendums, the CHSSC researched the metrics used by numerous nonprofits to evaluate their success at reaching targets, and assembled a list of the key metrics that we proposed to track in Los Gatos. Our goal was to use those metrics to collectively identify with our service providers opportunities for growth and enhancement.

The CHSSC recommends that the contracts signed between the Town of Los Gatos and the LGSRecreation 55+ program and other Service Providers include the following information so that measurement and accountability may be assessed:

- latest financial and future budget statements .
- budget that includes headcount and overhead applied to the 55+ Program and/or other programs.
- detailed measurement criteria.
- information on how any grant or other state/local money is allocated to 55+ Program and other programs.
- Such information to be given to or presented to the CHSSC annually.

SENIOR SERVICES ROADMAP UPDATE

BY LEIF CHRISTIANSEN
SENIOR SERVICE COORDINATOR

AUGUST, 2025

Goal 1

Appealing & Inviting Facility

Projects

- Conducted by Los Gatos Thrives Foundation (LGTF):
 - F1: Needs Analysis (Completed)
 - F2: Fundraising (In Progress)
- Conducted by Town and Los Gatos Saratoga Recreation (LGSR):
 - F3: Optimize Existing Space (In Progress)
 - Rotational partner space, large hall divider, and safety lighting improvements implemented. Other improvements still underway.
- On hold until F2 is complete or other funding is identified; would be subject to the CIP process:
 - F4: Community Facility Direction
 - F5: Community Facility Design
 - F6-7: Community Facility Construction/Operations

Goal 2

Core Services

Goal 2 Projects

- **S1: Support the Continuation of Social, Educational, Healthy Living & Meal Services for Older Adults**
 - LGSR continues to run the 55+ Program and offer diverse programming. The Town and LGSR are reviewing the 55+ Program as outlined in the lease and will bring forward an item to the CHSSC for input when ready.
 - Live Oak Nutrition continues to operate.
 - In 2025, West Valley Community Services launched its Park-It Market (grocery pick up) twice a month at the library.
 - **The Town would like to promote the HUB as the central location for senior information and is looking to partners to cross-promote this resource so the community and clients of all providers can be better connected and informed.**
- **S2: Support Re-establishment of Adult Day Services (Complete except for expansion)**
 - Live Oak Adult Day Services continues to operate, supporting seniors, caregivers, and families. They are not looking into expansion at this time.

Goal 2 Projects

- **S3: Support Continuation of other Core Services**

- The community and service providers can continue to advocate for senior services, unhoused services, and senior case management.
- The Town is currently supporting West Valley Community Services (WVCS) in a request through Congressman Liccardo's Office to fund a mobile navigation center van that would be able to provide case management and other support to west valley cities.
- The Town is requesting the County's Fall Prevention Program be added as a resource on the HUB (<https://www.svhap.org/local-resources>; <https://www.sccfd.org/education-and-preparedness-overview/community-education-programs/adult-senior-safety-programs/>). Valley Medical also offers a program: <https://scvmc.scvh.org/healthcare-services/trauma-center/injury-prevention/older-adults-fall-prevention-program>.
- The HUB already includes legal assistance resources and the Sr Services Coordinator is looking into resources for personal safety and scam/fraud avoidance. The Library has conducted tech workshops on a variety of topics including recognizing online scams.
- Other updates on promotion of services are described in Goal 3.

Goal 2 Projects

- **S4: Support CHSSC Objectives to Establish a West Valley Health Clinic with Mental Health Services**
 - The County of Santa Clara Behavioral Health Services (BHS) is the lead agency to support the establishment of mental health clinics. The County also contracts with local non-profit organizations that provide mental health services – and serves as the Mental Health Plan for County Medi-Cal recipients. <https://bhscd.santaclaracounty.gov/services-group/adult-and-older-adult>
 - The Town is not able to dedicate resources to pursuing a new West Valley Health Clinic or to monitor initiatives/grant opportunities. Interested community members and service providers should connect directly with the County.
 - The County has a Behavioral Health Board/Commission composed of community members at large, clients and family members of clients using the behavioral health system.
 - A potential next step could be for a commissioner to monitor these activities to report back anything of note to the CHSSC. <https://bhscd.santaclaracounty.gov/behavioral-health/behavioral-health-board>
 - BHS has an Outpatient Provider Directory (Mental Health) that includes service-providers (AACI, Gardner, etc.), doctors., etc., that offer treatment and support. Additionally, Care Solace contracts with Los Gatos Union School District to assist students and their families in connecting to mental health services in Santa Clara County.
 - <https://bhdscservices.sccgov.org/>
 - BHS offers drop in navigation hours at the Library every Tuesday.

Goal 2 Projects

- **S5: Expand Use of Parks, Community Gardens and other Facilities**

- LGSR offers recreational programs in parks.
- Cluster seating in parks, **community gardens**, and physical improvements to parks and facilities are subject to the CIP process.
 - Currently, due to budget constraints the Pinehurst Community Garden is a Tier 2 project that is currently not funded this year. Should the project be funded in the future, staff will engage the CHSSC for input as appropriate.

- **S6: Health and Welfare Assessment**

- Assessment of senior services is described further in Goal 7.
- The County Department of Aging and Adult Services is responsible for review the welfare safety net status for older adults and is the best source for this information.

<https://ssa.santaclaracounty.gov/departments/departments-aging-and-adult-services>

Goal 3

Communications & Engagement

Goal 3 Projects

- **C1: Information HUB Development**

- The HUB is up and running, administered by LGSR, including **a feedback option for the community to suggest edits/updates.**
https://forms.office.com/pages/responsepage.aspx?id=_8kdgvOgRkOHLmwiKcE4JLjvdLYww_BJhaUeO2pLX5lURDhRMkZIODFBuZVXMFRT1VSUKExVFRGNi4u
- Other major updates/redesigns or mobile apps are not contemplated at this time due to bandwidth/expertise constraints.
- Links to video tutorials can be included on the HUB, but would need to be provided by the service provider.
- **Clarity needed on “program with merchants to help promote HUB.”**
- **The Town would like to promote the HUB as the central location for senior information and is looking to partners to cross-promote this resource so the community and clients of all providers can be better connected and informed. Staff is communicating this to partners and providing additional Hub Cards. The CHSSC’s continued support by promoting the HUB to providers and community members is invaluable.**

Goal 3 Projects

- **C1: Information HUB Development (Cont.)**

- The County Department of Aging and Adult Services sends out a monthly newsletter filled with local resources and information pertaining to older adult resources/funding opportunities.

<https://ssa.santaclaracounty.gov/departments/departments-aging-and-adult-services/seniors-agenda>

- A potential next step could be for commissioners to sign up and monitor these activities to report back anything of note.
- The Library provides one on one Tech Tutoring to help with laptops, phones, tablets, and technology issues every Tuesday from 3:00 to 4:30 p.m. The Library also provides monthly Tech Workshops on a wide variety of technology topics. Past topics have included topics such as: tips and tricks for booking travel online, how to save and share photos with family members, how to use AI tools, how to recognize online scams, how to use a 3D printer, and more. Please check the library event calendar for times and topics: <https://losgatosca.libcal.com/calendar?cid=11830&t=g&d=0000-00-00&cal=11830&inc=0>.

Goal 3 Projects

- **C2: Promote Community Engagement**

- The Town is actively promoting the HUB and will be working with service providers to cross-promote as described in C1. The West Valley Service Provider Network is a key way for providers to engage/cross-promote/collaborate.
- The Town joined AARP Network of Age-Friendly Communities.
- The Town will continue to promote Town related events and LGSR promotes their events. A broader community calendar/promotions would need to be taken up by a third party or the service providers directly.

- **C3: Events Calendar**

- The Town has an Events Calendar on the home page of its website that highlights meetings and local events.
- LGSR prepares a monthly newsletter, The PRINT, which promotes future events, and highlights past events by telling stories and summarizing the activity.
- APIs and a mobile app are not feasible for the Town but a community group or service provider could develop such a tool/resource.

Goal 3 Projects

- **C4: Provide Social, Healthy Living & Life Learning Skills**

- LGSR will continue to promote its monthly activities via the PRINT, their website and in-person to members when they visit the facility.
- LGSR is always working on ways to increase engagement and adjusts programming to ensure programming stays relevant.
- LGTF currently promotes and manages the well-attended Monday Movies on the first Monday of each month.
- West Valley College's Senior Guided Pathways program provides support to older adults (50+) in the areas of education (including technology), aging and job training.
<https://www.westvalley.edu/schools/continuing-education/sascc/index.html>
- Nutrition and food services are provided by providers such as Live Oak Nutrition and West Valley Community Services
- A Distinguished Guest Lecture program would need to be put on by a service provider.

- **C5: Transition to In-person Services at New Community Center (On hold pending Goal 1)**

Goal 4

Volunteer Support and Engagement

Goal 4 Projects

- **V1: Establish Volunteer Task Force**

- CHSSC created Goal 4 Task Force, currently led by Vice Chair Sterne.
- Goal 4 Task force is working with LGTF/WVSP to develop a volunteer coordination system.

- **V2: Recruit and Build a Volunteer Community**

- The Goal 4 Task Force, through LGTF/WVSP and a community volunteer (Volunteer Coordinator), is planning to prepare a volunteer interest/contact list – and will prepare periodic (i.e., monthly, every other month, etc.) announcements/email notifications to promote local volunteer opportunities. Potential volunteers would then reach out to the service provider directly to engage. This will initiate an organized system to recruit volunteers in local, volunteer roles (i.e., RYDE) and a link to join the contact list can be provided on the HUB. Once volunteers are placed, they can discuss other opportunities, like specialized roles based on unique skill sets.
- While the LGTF/WVSP volunteer coordination could expand and evolve, attending events to recruit volunteers would be dependent on the service providers conducting this activity.
- The type of volunteer opportunities would be dependent on the service providers providing the opportunity.

Goal 4 Projects

- **V3: Establish a Volunteer Corps**

- Refer to V2.
- The current focus is to establish the volunteer coordination system in V2 and future management/tracking of volunteers/referral process/ambassador volunteer program (C2)/technology solutions/volunteer social events would be up to the discretion of LGTF/WVSP or other service providers if it is feasible.
- A senior mentorship service would need to be run by a community group or service provider.

Goal 5

Enhanced Transportation Options for Older Adults

Goal 5 Projects

- **T1: Implement and Promote Transportation Awareness and Use**

- A Goal 6 task force has formed and regularly attends the Complete Streets and Transportation Commission (CSTC). While there is not enough staff capacity to add another committee with a dedicated Town liaison, the Goal 6 task force seems to be collaborating well in their interactions with the CSTC.
- Regarding community input, the 2024/2025 Age Friendly Survey and the 2022 CASOA survey were completed by hundreds of Los Gatos residents who gave feedback and ideas related to public transit.
 - Stakeholders can stay engaged through the Age Friendly Survey and Action Plan process to share ideas on how to further promote transportation programs in the West Valley.
<https://ssa.santaclaracounty.gov/departments/departments-aging-and-adult-services/seniors-agenda>
- Parks and Public Works staff pursue grants as appropriate and as bandwidth allows. There is not enough bandwidth to assess all County, state, and federal master plans and grants but staff stays connected regionally to stay updated on the relevant aspects.
- Individuals can visit the Town of Los Gatos website to use the Interactive General Plan website to review Chapter/Section 5 (Mobility Element) to review the various implementation programs and timelines. <https://www.losgatosca.gov/2138/General-Plan>
- VTA has an open data portal which can inform on historical ridership, congestion management, active transportation, etc.: <https://data.vta.org/>
- If the Goal 6 Task Force is interested in monitoring VTA activities, they can view meetings and agendas here: <https://www.vta.org/about/board-and-committees>

Goal 5 Projects

- **T1: Implement and Promote Transportation Awareness and Use (Cont.)**

- The VTA Senior Mobility Guide, and other transportation information, is currently available on the HUB. <https://www.vta.org/sites/default/files/2022-03/Senior%20Mobility%20Guide%202022.pdf>
- VTA is ultimately the decision maker on any expansion of service, though community members/organizations can increase ridership and advocate for additional service. Out of ideas generating by the CHSSC/CSTC, a community led program Ride and Taste LG formed and encourages seniors to ride transit. When appropriate, Town staff advocates for increased service, but VTA typically makes the decision based on ridership.
- Developing “Transportation Los Gatos” software is not feasible given bandwidth and expertise; this may be more appropriate as a regional initiative.
- Wheelchair accessibility in Town parking lots is ongoing and projects are addressed through maintenance or the CIP process.
- Silicon Valley Bicycle Coalition promotes bicycle safety, training, and repair. Community groups can connect with the Silicon Valley Bicycle Coalition to learn about bicycle safety, repair, commuting, etc. SVBC also does not cost classes/presentations to community groups and agencies that have a minimum of 10-participants. <https://bikesiliconvalley.org/learn-ride/learn>

Goal 5 Projects

- **T2: Advocate for an Age-Friendly Walking Plan**

- The CHSSC can continue to coordinate with CSTC as the lead advisory Commission. Projects will be subject to the CIP process. The Bicycle & Pedestrian Master Plan may be a useful resource. <https://www.losgatosca.gov/2347/Bicycle-and-Pedestrian-Master-Plan>
- An Age-Friendly Accessible walking track or any other walking paths would be subject to the CIP process. Additional clarity on what is intended by a walking track could be helpful.
- Town staff actively evaluates signs and markings, in collaboration with the LGMSPD, to make sure our public areas are safe and accommodating to all users.
- **Clarity needed on what was meant by a “senior safety zone study.”**

- **T3: Expand Mobility Options – Including Evenings and Weekends**

- The RYDE program is currently operating per the schedule it has capacity for – and the Town doesn’t currently have the resources to operate its own Town shuttle.
- The VTA Mobility Assistance program is designed to address transportation gaps/barriers for priority communities like older adults, individuals with disabilities, etc. The program partners with programs like Catholic Charities and Silicon Valley Independent Living Center to support residents through the application process. <https://www.vta.org/programs/access/mobility-assistance-program>
- The VTA Access program provides ride/shuttle service to eligible individuals with disabilities who cannot use conventional public transit (i.e., bus, light rail, etc.) <https://www.vta.org/programs/access>
- Heart of the Valley Services for Seniors appears to provide door to door rides. <https://www.servicesforseniors.org/services-programs>

Goal 6

Senior Housing – Information on Approaches and Options

Goal 6 Projects

- **H1: Inventory Residential Options**

- SV@Home – an organization focused on “addressing Santa Clara County’s urgent need for affordable. Annually, in May (affordable housing month) – SV@Home brings together local advocacy groups, non-profit organizations, governments, etc., to raise awareness/drive action around housing issues in SCC. <https://siliconvalleyathome.org/>
- The Town has a Housing Programs page on its website that includes a Housing Resources Guide, information on the BMR administrator (Housekeys) and information about residential options for older adults. The Goal 6 task force just completed a review and suggested edits for the Housing Resources Guide. <https://www.losgatosca.gov/345/Housing-Programs>

- **H2: Enable Development of Affordable Housing for Older Adults**

- The Town adopted its Housing Element (HE) in 2024 and it includes policies like HE-2.7 & HE-2.8, etc., are related to senior/special needs housing/programs. There is also a Senior Housing Resources program (pg. 44) described in the HE. Town staff is implementing the HE as fast as they are able. <https://www.losgatosca.gov/1735/General-Plan---Housing-Element>

Goal 6 Projects

- **H3: Establish Aging in Place Programs**

- **Clarity needed on what is meant by a “Los Gatos Village.”**
- A home maintenance helper referral service would need to be run by a third party or the volunteer coordination system if they felt it was feasible. Heart of the Valley Services for Seniors appears to provide handyperson work.
<https://www.servicesforseniors.org/services-programs>
- The Town’s Community Grants Program, within its capacity, provides a limited amount of funding to service providers offering rental assistance and other services. For example, Rebuilding Together Silicon Valley, an organization that coordinates home accessibility modifications and repairs, received funding in the last round of grants.

Goal 6 Projects

- **H4: Facilitate Crisis Housing/Emergency Preparedness Resources**

- In the event of a disaster, the Town will coordinate with the American Red Cross, Santa Clara County Office of Emergency Management, and other partners to provide emergency sheltering. The Town does not maintain separate senior-specific shelters; however, the County's Functional Assessment Service Team (FAST) program will be integrated into shelter operations to identify and address access and functional needs for older adults. All residents are encouraged to maintain personal emergency plans, including alternative places to stay, so that emergency resources can be prioritized for those with the highest need.
- The Town will share and amplify preparedness information relevant to older adults through existing outreach efforts, such as wildfire, earthquake, and PSPS information. Preparedness resources will reference materials from Santa Clara County OEM, Ready.gov, and other established sources, with emphasis on evacuation planning, access and functional needs, and aging-in-place considerations.
- Residential care and assisted living facilities are regulated by the California Department of Social Services, Community Care Licensing Division (Title 22, California Code of Regulations, Division 6, Chapter 8). They are required under Health & Safety Code §1569.695 and related statutes to maintain disaster and mass casualty plans, continuity of operations, and relocation procedures. The Town does not provide direct oversight of these facilities.

- **H5: Monitor and Evaluate Housing Needs Stock**

- The Town is required to provide annual reporting on Housing Element implementation progress.

Goal 7

Integrated Governance, Funding & Accountability

Goal 7 Projects

- Integrated Governance Model
- Fiscal Planning
- Measurement & Accountability Tracking
- Roles & Responsibilities

While benefits of an integrated governance model are outlined in the Roadmap, the Town does not currently have the capacity or financial ability to implement this. However, the Town can focus on assessing older adult services and methods for measurement by implementing an annual survey to service providers and provide the data to the CHSSC. It is important to note that the Town does not have authority over non-profits and survey participation would be voluntary.

The Town will continue to consider ways to ensure senior services are provided in a collaborative manner with the staff resources available. Much of this has/will involve the Senior Services Coordinator creating connections/processes among providers that will continue after the temporary position concludes. The CHSSC can continue to monitor the state of senior services in Los Gatos to suggest improvements and collaboration.

LGS Recreation 55 Plus Program

CHSSC 2025 Mid-Year
Highlight

January 2025-July 2025



55 Plus Program Purpose

- Provide opportunities to make connections in the community and participate in meaningful recreation programs that address social, psychological, physical, and cognitive needs of older adults.



55 Plus Program Purpose

- Increase social connectedness, decrease social isolation.
- Combat mental health distress through leisure and recreation activities.



55 Plus Program Purpose

- Our Senior Center also serves as a hub of information to connect older adults and caregivers with services and resources.



55 Plus Program Purpose



- Accessibility to free or low-cost programs and services reduces financial barriers and **increases engagement** to ensure successful aging in Los Gatos.

- The 55+ Program is in a unique position to reach seniors at the highest risk of social isolation, preserving cognitive and physical function as well as mental health through recreation.

- 72% of 55+ members are over the age of 70
- 34% are over 80
- 5% are over the age of 90



55 Plus Program



- LGS Recreation offers a senior center model comparative to and often exceeding surrounding cities, with competitive membership rates, with free or low-cost programs without receiving tax dollars.
- We strive to offer innovative programming and implement suggestions from members.
- NEW PROGRAMS IN 2025:
 - Food For Thought
 - Healing Hearts Grief Support Group
 - Paint Party
 - Beading Workshops (Starting Oct. 2025)
 - Team Trivia
 - Bocce in Saratoga
 - Chair Volleyball
 - SEAT & Sit and Be Fit



Programming Then & Now

Published monthly via The PRINT newsletter

January 2022

January				
Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Democracy Tent (Zoom) 10:30am-12:00pm Our Democracy in Peril (Rm 3) 1:30pm-3:00pm Ping Pong (Rm 5) 2:00pm-4:00pm	Happy Hoofers Walking Group (Lounge) 9:15am-11am Mah Jongg (Rm 5) 10:00am-12:30pm Pinocle (Rm 5) 1:00pm-4:30pm	Game Day (Large Hall) 9:00am-12:00pm Ping Pong (Rm 5) 10:30am-12:00pm	Current Event Group 1:30pm-3:00pm	Artist Workshop (Hall) 9:00am-12:00pm Needle Craft Corner (Lounge) 9:00am-11:30am Ping Pong (Rm 5) 10:30am-12:00pm
10	11	12	13	14
Democracy Tent (Zoom) 10:30am-12:00pm Our Democracy in Peril (Rm 3) 1:30pm-3:00pm Ping Pong (Rm 5) 2:00pm-4:00pm	Happy Hoofers Walking Group (Lounge) 9:15am-11am Mah Jongg (Rm 5) 10:00am-12:30pm Pinocle (Rm 5) 1:00pm-4:30pm	Game Day (Large Hall) 9:00am-12:00pm Women's Artist Connection (Rm 2) 10:00am-12:00pm Ping Pong (Rm 5) 10:30am-12:00pm Single Again (Lounge) 12:30pm-2:30pm	Armchair Travel: Zambia (Lounge) 10:00am-11:30am Current Event Group (Lounge) 1:30pm-3:00pm Democracy Tent (Large Hall) Topic: Cannabis Sales in Los Gatos 7:00pm-8:30pm	Artist Workshop (Hall) 9:00am-12:00pm Needle Craft Corner (Lounge) 9:00am-11:30am Ping Pong (Rm 5) 10:30am-12:00pm
17	18	19	20	21
Holiday Closure	Happy Hoofers Walking Group (Lounge) 9:15am-11am Mah Jongg (Rm 5) 10:00am-12:30pm Pinocle (Rm 5) 1:00pm-4:30pm	Game Day (Large Hall) 9:00am-12:00pm Ping Pong (Rm 5) 10:30am-12:00pm Jeopardy (Lounge) 10:30am-1:00pm	Current Event Group 1:30pm-3:00pm Tech with Teens (Hall) 3:00pm-4:00pm Democracy Tent (Large Hall) Meet Town Mayor Rob Rennie 7:00pm-8:30pm	Artist Workshop (Hall) 9:00am-12:00pm Needle Craft Corner (Lounge) 9:00am-11:30am Ping Pong (Rm 5) 10:30am-12:00pm
24	25	26	27	28
Democracy Tent (Zoom) 10:30am-12:00pm Our Democracy in Peril (Rm 3) 1:30pm-3:00pm Ping Pong (Rm 5) 2:00pm-4:00pm	HICAP by Appointment 9:00am-1:00pm Happy Hoofers Walking Group (Lounge) 9:15am-11am Mah Jongg (Rm 5) 10:00am-12:30pm Pinocle (Rm 5) 1:00pm-4:30pm	Game Day (Large Hall) 9:00am-12:00pm Ping Pong (Rm 5) 10:30am-12:00pm	Current Event Group 1:30pm-3:00pm Chess (Rm 5) 10:00am	Artist Workshop (Rm 206) 9:00am-12:00pm Needle Craft Corner (Lounge) 9:00am-11:30am Town of Los Gatos Covid Testing by appt. (Hall) 9:30am-4:00pm Ping Pong (Rm 5) 10:30am-12:00pm
31	Interested in learning something new this year? Our American Mah Jongg Group is looking for new players to join the group! They will be hosting a "learn to play" Mah Jongg class for anyone interested in learning more. Sign up with Lisanne. Check out this video to learn more about how to play! bit.ly/348LxGc Need help registering for a program? Call our info line at 408.354.8700 or stop by the Senior Office Monday through Friday 9:00am-12:00pm			

October 2025

OCTOBER 1ST-10TH				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	1	2	3
St. Mary's Bridge (Rm 5) *No Drop Ins 9:00AM-1:30PM Wood Carving Group (Rm 206) 9:00AM-2:00PM Hand & Foot Canasta (Rm 3) 12:30PM-4:00PM Chair Exercise w/ Jackie & Brooke (Hall) *RSVP 1:00PM-2:00PM Badminton (Hall) 9:15PM-4:15PM No Balance Awareness or Stay Fit. See Alternatives	Tuesday Town Walk (Lounge) 9:15AM-1:00AM Mah Jongg (Hall) 10:00AM-12:30PM ZUMBA Gold Toning (YRC Rm B) *Register \$5 12:30PM-4:00PM Pinocle (Rm 3) 12:30PM-4:15PM Ping Pong 2 Tables (Hall) 1:00PM-3:00PM Yoga - Chair or Mat (YRC Rm B) *Register \$5 3:00PM-4:00PM Healing Hearts: Grief Support (Lounge) 1:30PM-3:00PM	Bridge (Hall) \$5 *RSVP 9:00AM-12:30PM Canasta (Rm 3) 9:00AM-12:30PM Ping Pong (Rm 3) 12:30PM-4:15PM Art & Music Appreciation (Lounge) *RSVP 1:00PM-3:00PM Yoga - Chair or Mat (YRC Rm B) *Register \$5 3:00PM-4:00PM NEW ZUMBA Gold Evening (YRC Rm B) *Register \$5 5:30PM-8:00PM	Mexican Train (Rm 2) 10:00AM-12:30PM ZUMBA Gold (YRC Rm B) *FULL 11:30AM-12:30PM Pinocle (Rm 3) 12:30PM-4:15PM Ping Pong 2 Tables (Hall) 1:00PM-3:00PM Prize BINGO *NEW DAY (Hall) 3:00PM-4:00PM	Artist Workshop (Hall) 9:00AM-12:00PM Ghosts & Goats (Bus Trip) *Sold Out 9:00AM-12:00PM Hands on Art - Halloween Wreaths (Hall) *RSVP 10:00AM-12:00PM Ping Pong (Rm 5) 2:00PM-3:00PM Sit and Be Fit (Hall) *RSVP 1:00PM-2:00PM NEW ZUMBA Gold (YRC Rm B) *Register \$5 1:00PM-2:00PM No Balance Awareness
6	7	8	9	10
St. Mary's Bridge (Rm 5) *No Drop Ins 9:00AM-1:30PM Wood Carving Group (Rm 206) 9:00AM-2:00PM Hand & Foot Canasta (Rm 3) 12:30PM-4:00PM Chair Zumba w/ Kiana (Hall) *RSVP 1:00PM-2:00PM Chair Exercise w/ Jackie & Brooke (Hall) *RSVP 2:00PM-3:00PM Badminton (Hall) 9:15PM-4:15PM No Balance Awareness or Stay Fit. See Alternatives	Tuesday Town Walk (Lounge) 9:15AM-1:00AM Member Mah Jongg Lessons (Rm 5) *FULL 10:00AM-12:30PM Mah Jongg (Hall) 10:00AM-12:30PM ZUMBA Gold Toning (YRC Rm B) *Register \$5 12:30PM-4:00PM Pinocle (Rm 3) 12:30PM-4:15PM Ping Pong 2 Tables (Hall) 1:00PM-3:00PM	Bridge (Hall) \$5 *RSVP 9:00AM-12:30PM Canasta (Rm 3) 9:00AM-12:30PM Ping Pong (Rm 3) 12:30PM-4:15PM Art & Music Appreciation (Lounge) *RSVP 1:00PM-3:00PM Yoga - Chair or Mat (YRC Rm B) *Register \$5 3:00PM-4:00PM Guest Speaker: Estate Planning & Trust Administration (Rm 214) *RSVP 3:00PM-5:00PM NEW ZUMBA Gold Evening (YRC Rm B) *Register \$5 5:30PM-8:00PM	Mexican Train (Rm 2) 10:00AM-12:30PM ZUMBA Gold (YRC Rm B) *FULL 11:30AM-12:30PM Pinocle (Rm 3) 12:30PM-4:15PM Ping Pong 2 Tables (Hall) 1:00PM-3:00PM Nebia Winery & Pumpkin Patch (Bus Trip) *\$170 9:00AM-4:00PM Artist Workshop (Hall) 9:00AM-12:00PM Sit and Be Fit (Hall) *RSVP 1:00PM-2:00PM NEW ZUMBA Gold (YRC Rm B) *Register \$5 1:00PM-2:00PM No Balance Awareness	St. Mary's Bridge (Rm 5) *No Drop Ins 9:00AM-1:30PM Wood Carving Group (Rm 206) 9:00AM-2:00PM Hand & Foot Canasta (Rm 3) 12:30PM-4:00PM Chair Zumba w/ Kiana (Hall) *RSVP 1:00PM-2:00PM Chair Exercise w/ Jackie & Brooke (Hall) *RSVP 2:00PM-3:00PM Badminton (Hall) 9:15PM-4:15PM No Balance Awareness or Stay Fit. See Alternatives
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St. Mary's Bridge (Rm 5) *No Drop Ins 9:00AM-1:30PM Wood Carving Group (Rm 206) 9:00AM-2:00PM Hand & Foot Canasta (Rm 3) 12:30PM-4:00PM Chair Zumba w/ Kiana (Hall) *RSVP 1:00PM-2:00PM Chair Exercise w/ Jackie & Brooke (Hall) *RSVP 2:00PM-3:00PM Badminton (Hall) 9:15PM-4:15PM No Balance Awareness or Stay Fit. See Alternatives	HICAP by Appt. (Rm 2) 9:00AM-12:30PM Tuesday Town Walk (Lounge) 9:15AM-1:00AM Member Mah Jongg Lessons (Rm 5) *FULL 10:00AM-12:30PM Mah Jongg (Hall) 10:00AM-12:30PM ZUMBA Gold Toning (YRC Rm B) *Register \$5 12:30PM-4:00PM Pinocle (Rm 3) 12:30PM-4:15PM Ping Pong 2 Tables (Hall) 1:00PM-3:00PM Paperback Pals: Five Strangers (Lounge) 1:30PM-2:30PM	Bridge (Hall) \$5 *RSVP 9:00AM-12:30PM Canasta (Rm 3) 9:00AM-12:30PM Ping Pong (Rm 3) 12:30PM-4:15PM Art & Music Appreciation (Lounge) *RSVP 1:00PM-3:00PM Yoga - Chair or Mat (YRC Rm B) *Register \$5 3:00PM-4:00PM NEW ZUMBA Gold Evening (YRC Rm B) *Register \$5 5:30PM-8:00PM	Mexican Train (Rm 2) 10:00AM-12:30PM ZUMBA Gold (YRC Rm B) *FULL 11:30AM-12:30PM Pinocle (Rm 3) 12:30PM-4:15PM Ping Pong 2 Tables (Hall) 1:00PM-3:00PM Guest Speaker: Downizing Discussion Panel (Hall) *RSVP 9:00AM-12:00PM Mexican Train (Rm 2) 10:00AM-12:30PM VTA Ride & Taste LG *FREE RSVP 11:00AM-12:00PM ZUMBA Gold (YRC Rm B) *FULL 11:30AM-12:30PM AARP Safe Driver by Appt. (Rm 214) 2:00PM-3:00PM NEW ZUMBA Gold Evening (YRC Rm B) *Register \$5 5:30PM-8:00PM	Artist Workshop (Hall) 9:00AM-12:00PM NEW Team Trivia (Hall) *RSVP 10:00AM-11:30AM Ping Pong (Rm 3) 12:30PM-12:00PM Sit and Be Fit (Hall) *RSVP 1:00PM-2:00PM NEW ZUMBA Gold (YRC Rm B) *Register \$5 1:00PM-2:00PM No Balance Awareness
20	21	22	23	24
St. Mary's Bridge (Rm 5) *No Drop Ins 9:00AM-1:30PM Wood Carving Group (Rm 206) 9:00AM-2:00PM Hand & Foot Canasta (Rm 3) 12:30PM-4:00PM Chair Zumba w/ Kiana (Hall) *RSVP 1:00PM-2:00PM Chair Exercise w/ Jackie & Brooke (Hall) *RSVP 2:00PM-3:00PM Badminton (Hall) 9:15PM-4:15PM No Balance Awareness or Stay Fit. See Alternatives	Tuesday Town Walk (Lounge) 9:15AM-1:00AM Member Mah Jongg Lessons (Rm 5) *FULL 10:00AM-12:30PM Mah Jongg (Hall) 10:00AM-12:30PM ZUMBA Gold Toning (YRC Rm B) *Register \$5 12:30PM-4:00PM Pinocle (Rm 3) 12:30PM-4:15PM Ping Pong 2 Tables (Hall) 1:00PM-3:00PM	Bridge (Hall) \$5 *RSVP 9:00AM-12:30PM Canasta (Rm 3) 9:00AM-12:30PM Ping Pong (Rm 3) 12:30PM-4:15PM Art & Music Appreciation (Lounge) *RSVP 1:00PM-3:00PM Yoga - Chair or Mat (YRC Rm B) *Register \$5 3:00PM-4:00PM NEW ZUMBA Gold Evening (YRC Rm B) *Register \$5 5:30PM-8:00PM	Guest Speaker: Downizing Discussion Panel (Hall) *RSVP 9:00AM-12:00PM Mexican Train (Rm 2) 10:00AM-12:30PM VTA Ride & Taste LG *FREE RSVP 11:00AM-12:00PM ZUMBA Gold (YRC Rm B) *FULL 11:30AM-12:30PM AARP Safe Driver by Appt. (Rm 214) 2:00PM-3:00PM NEW ZUMBA Gold Evening (YRC Rm B) *Register \$5 5:30PM-8:00PM	Artist Workshop (Hall) 9:00AM-12:00PM NEW Team Trivia (Hall) *RSVP 10:00AM-11:30AM Ping Pong (Rm 3) 12:30PM-12:00PM Sit and Be Fit (Hall) *RSVP 1:00PM-2:00PM NEW ZUMBA Gold (YRC Rm B) *Register \$5 1:00PM-2:00PM No Balance Awareness
27	28	29	30	31
St. Mary's Bridge (Rm 5) *No Drop Ins 9:00AM-1:30PM Wood Carving Group (Rm 206) 9:00AM-2:00PM Hand & Foot Canasta (Rm 3) 12:30PM-4:00PM Chair Zumba w/ Kiana (Hall) *RSVP 1:00PM-2:00PM Chair Exercise w/ Jackie & Brooke (Hall) *RSVP 2:00PM-3:00PM Badminton (Hall) 9:15PM-4:15PM No Balance Awareness or Stay Fit. See Alternatives	Tuesday Town Walk (Lounge) 9:15AM-1:00AM Member Mah Jongg Lessons (Rm 5) *FULL 10:00AM-12:30PM Mah Jongg (Hall) 10:00AM-12:30PM ZUMBA Gold Toning (YRC Rm B) *Register \$5 12:30PM-4:00PM Pinocle (Rm 3) 12:30PM-4:15PM Ping Pong 2 Tables (Hall) 1:00PM-3:00PM	Bridge (Hall) \$5 *RSVP 9:00AM-12:30PM Canasta (Rm 3) 9:00AM-12:30PM Ping Pong (Rm 3) 12:30PM-4:15PM Art & Music Appreciation (Lounge) *RSVP 1:00PM-3:00PM Yoga - Chair or Mat (YRC Rm B) *Register \$5 3:00PM-4:00PM NEW ZUMBA Gold Evening (YRC Rm B) *Register \$5 5:30PM-8:00PM	Spooky Chair Volleyball (Hall) *RSVP 10:00AM-12:00PM Mexican Train (Rm 2) 10:00AM-12:30PM ZUMBA Gold (YRC Rm B) *FULL 11:30AM-12:30PM Pinocle (Rm 3) 12:30PM-4:15PM Ping Pong 2 Tables (Hall) 1:00PM-3:00PM	Artist Workshop (Hall) 9:00AM-12:00PM NEW Team Trivia (Hall) *RSVP 10:00AM-11:30AM Ping Pong (Rm 3) 12:30PM-12:00PM Sit and Be Fit (Hall) *RSVP 1:00PM-2:00PM NEW ZUMBA Gold (YRC Rm B) *Register \$5 1:00PM-2:00PM No Balance Awareness

Calendar Legend:

- Community Event
- Guest Speaker
- Great Getaway
- Low-Cost Fitness
- Drop-In for Yoga
- \$10 Drop-In for ZUMBA
- Monthly Event
- No Class
- Service Group
- Special Event

NOVEMBER SAVE THE DATES:

- Friday 11/7 - Great Getaway: Rosie the Rveter *SOLD OUT
- Wednesday 11/12 - Jackie's Jewels Workshop: Morse Code Bracelets *RSVP
- Friday 11/14 - Paint Party - Winter Scene *RSVP
- Friday 11/14 - Member Mixer - Celebrating 1000 Members! *RSVP
- Saturday 11/15 - Thrifted Treasures - Shop and Sell
- Monday 11/17 - Thanksgiving Luncheon - 2 seatings *\$5
- Thursday 11/20 - Guest Speaker: Life Transitions *RSVP
- Friday 11/21 - Hands on Art: Painted Doormats *RSVP
- Friday 11/21 - Food For Thought: Turkish Food *RSVP
- Sunday 11/23 - Great Getaway: Cirque du Soleil ECHO & Dinner *\$190

Be on the look out for a new Boost Your Mood Group!

November Office Closures: 11/11, 27 & 28

Membership Statistics (Annually)



- Membership is annual January – December
- We do NOT auto renew members every year
- Where 400 was historically the target, we have now exceeded 1000 members!
- Historical Members Statistics:

2025 <i>SO FAR...</i>	2024	2023	2022	2021	2020	2019	2018	2017
1019 <i>Mid-October</i>	927	806	730	277	270	372	394	395

Membership Statistics (Annually)

2025 SO FAR...	2024	2023	2022	2021	2020	2019	2018	2017
1019 (Oct.)	927	806	730	277	270	372	394	395

What caused such a significant increase?

- Multitude of factors, including the end of COVID isolation, and increase in desire for social interaction, but we believe the primary reason being financial support.
 - From March 2020 through July 2023 LGS Recreation received lease abatement (no rent) due to the COVID pandemic.
 - In 2022, LGS Recreation received \$328,500 in ARPA funding from the Town of Los Gatos.
 - In 2023, LGS Recreation asked the Town for continued support and received \$225,000.
 - Rent for ARC alone increased from \$3,174/mo. in July 2023 to \$20,285/mo. in July 2024
 - In 2025, LGS Recreation received \$0 Town funding, and rent increased to \$21,291/mo. (\$255,492/yr for ARC alone). LGS Recreation negotiated \$100,000 rent abatement for July 2025-June 2026.
 - *LGS recreation has seen a decrease in financial support from the Town but continued growth and demand of the 55 Plus program. With increased membership, engagement, participation, and programs offered, a greater demand is placed on staffing, program supplies, and facilities.*
 - *In 2024, LGS recreation secured a one-time grant to be able to continue operating 55 Plus. Project this will be exhausted by Q2 2028.*
- NOTE: This funding does NOT cover the full operational cost of the program.*



55 Plus Program Funding

- In contrast to other local Senior Centers, the 55 Plus program does not receive tax dollars and relies fully on grants, sponsorship, and subsidy, though these ultimately do not cover the full expense of program operation.
- LGS Recreation **leases** the Adult Recreation Center from the Town of Los Gatos. The 55 Plus program is non-revenue generating and is the primary user of the Adult Recreation Center.
 - **Currently our lease commitment of the Adult Recreation Center is \$21,291K per month.** (\$255,492/yr for ARC alone). LGS Recreation negotiated \$100,000 rent abatement for July 2025-June 2026.
 - 55 Plus also utilizes the Youth Recreation Center for 55 Plus fitness programs and special events.
 - Additional LGS facilities for specialized events: Vasona, Joan Pisani, Pool, etc.

55 Plus Program Funding



ARPA funds were intended to aid the 55 Plus program to restore services to pre-pandemic levels, but really demonstrated what is possible with Town Financial Support of the 55 Plus program.



With increased membership, engagement, participation, and programs offered, a greater demand is placed on staffing, program supplies, and facility use.



LGS Recreation successfully sought out funding opportunities to temporarily help bridge the financial gap created, which are projected to be exhausted in 2028. Even with grant sponsorship efforts of staff, membership fees, and low –cost program fees, 55 Plus continues to operate at a deficit to LGS Recreation, where most senior centers receive tax revenue or long-term support.



Long-term sustainability to support the 55 Plus program, accessibility, and expansion is an ongoing challenge.



Programming Statistics (Mid-Year)

Date Range	January - June 2025	January - June 2024	January – June 2023	January - June 2022
Members	901	775	665	N/A (year end was 730)
Total Programs Offered	661	648	595	598
Participant Encounters (Participants in program)	10,048	8695	7451	4396
55 Plus Phone Calls *does not include main reception or staff direct lines	1964 (~330/mo)	1479 (~246/mo)	Not available (prior to new phone system)	Not available (prior to new phone system)
Online HUB Visits	3385 visits	2332	1931	Not online yet



Programming Statistics (Mid-Year)

In just 6 months and > 10,000 times, older adults entered and used our facility, attended programs, interacted with staff, occupied building space, etc. for 55 Plus alone.

Mid-Year Survey— Member Feedback

My experience has been positive as a result of joining 55+ programs and I would recommend it to others

98% - Agree or Strongly Agreed

I feel more connected to people and services as a result of the 55+ programs

93% Agreed or Strongly Agreed

Open Feedback From Surveys

- Attending programs has been very helpful for me. Especially in dealing with grief from loss of husband.
- I love the Los Gatos Senior Center.
- I love the people + activities here! And staff is great too.
- I think it's an amazing community center. We have a lot of fun together and laughs together. I visit the center almost everyday during the week. Having a friendly receptionist has been really nice -- the center feels well organized and practical.
- Los Gatos is first on my list. They have a lot of activities, gatherings and events always planned.
- This is a dynamite program run by exceptional, extraordinary ladies!!!
- I enjoy meeting new people and also visiting with those I already know. I am more of an introvert, so it is helpful to have an avenue for meeting others.

Open Feedback From Surveys

- Stay Fit, Balance, and swimming classes played a key role in my recovery from hip replacement surgery. Thanks to the strength, mobility, and confidence I gained through these programs, the surgery felt like a non-event.
- Made lots of new friends, shared many laughs, made lunch dates.
- Every program I have attended has been fun, well organized, and well attended.
- The variety of programs is excellent.
- Staff is excellent--so helpful and patient with all us old farts. Great programs that I am interested in.
- The Los Gatos 55+ programs are excellent. The program leaders and support staff are all kind, thoughtful, and helpful I really enjoy the programs, and I look forward to future classes and programs. Thanks for all your support.

Questions/Comments

